

PRESS CLIPPING SHEET

PUBLICATION:	Elite
DATE:	June-2015
COUNTRY:	Egypt
CIRCULATION:	25,000
TITLE :	"Novartis Pharmaceuticals SAE" and "MS Care Society" Celebrate World Multiple Sclerosis (MS) Day in Egypt
PAGE:	26
ARTICLE TYPE:	NGO News
REPORTER:	Staff Report

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"NOVARTIS PHARMACEUTICALS (S.A.E)" AND "MS CARE SOCIETY" CELEBRATE WORLD MULTIPLE SCLEROSIS (MS) DAY IN EGYPT 2.3 MILLION PEOPLE AROUND THE WORLD LIVE WITH MS AND ARE DIAGNOSED BETWEEN THE AGES OF 25 -31-3



In cooperation with "MS Care Society", "Novartis Pharmaceuticals (S.A.E)" held a press conference at Marriott Hotel - Zamalek, on the occasion of World MS Day, celebrated worldwide. The conference brought together a number of experts from Novartis and prominent professors to shed light on MS, in an effort to raise awareness on the disease in Egypt.

The conference highlighted the seriousness of the disease, its symptoms and complications, addressing ways for patients to live with MS. The conference brought together Dr. Mai Shaarawi, Treasurer of the MS Care Society; Dr. Hatem Samir, Professor of Neurology at Cairo University; Dr. Dina Abdel-Gawad, Assistant Neurology Professor at Ain Shams University; Dr. Nevin Mohi, Professor of Neurology at Cairo University; and Eng. Ahmed Darwish, Deputy Head of the MS Care Society.

MS is one of the most common neurological

disorders that cause disability among young adults. There are 2.3 million people around the world infected with MS most often diagnosed in the third decade of their lives, mostly between the age of 25 and 31. MS affects women more than men, with the number of women diagnosed with the disease being twice as much as men¹⁻³.

"MS is characterized by variability. At times, the patient is enjoying good health and other times they would suffer from the disease symptoms," said Dr. Hatem Samir, Professor of Neurology at Cairo University. "Patients may also suffer from eyesight problems, sensory and motion disorders. During diagnosis, doctors usually rely on the patient's complaint, the clinical examination results, and the MRI examination results. MS treatment may involve the use of specific medications to relieve acute illness or in other cases the use of certain drugs that reduce symptoms development," he added.