



### PRESS CLIPPING SHEET

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## Prevalent myths surrounding HIV

For many years, numerous misconceptions and myths have surround HIV and AIDs, causing harm to people.

### According to WebMD, these include:

# People can get HIV by being around people who are HIV-positive.

- Scientific evidence proves that HIV is not transmitted through touch, tears, or sweat. People cannot contract HIV by:
- Breathing the same air as HIV patients
- Touching a toilet seat after

HIV patients

- Hugging or kissing, or shaking hands with HIV patients
- Sharing utensils with HIV patients

## HIV can be developed from mosquitoes bites

Because HIV is transmitted through blood, people worry that insects bites could transmit HIV. Scientific research confirms however that it has been disproven that mosquito bites can lead to HIV.

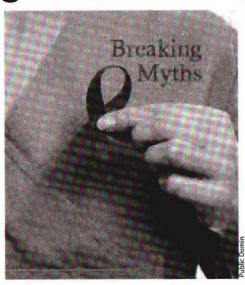
#### Having HIV means death

In the early years of the epidemic, the death rate was

high. Today however, antiretroviral drugs allow HIV people to live much longer, healthier, and normal lives.

#### No reason for practicing safer sex between couples with HIV

Some couples who are diagnosed with HIV wrongly believe that as long as they both have the disease, there is no need to have safe sex. However, having safe sex by wearing condoms or using dental dams can highly protect against being becoming exposed to other potentially drug resistant strains of HIV.







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