

PRESS CLIPPING SHEET

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Prostate cancer: best hope in early detection

PROSTATE cancer is one of ten kinds of cancer most prevalent in men, especially in the Middle East and North Africa, according to Dr Mohssen Moukhtar, Professor of Oncology at Cairo University.

He added that recovery rates from prostate cancer are high if the disease is discovered in its early stages.

He was speaking at a recent press conference in Cairo on the occasion of the World Cancer Day.

The event was organised by CanSurvive Society, in collaboration with the Astellas Company.

Dr Moukhtar stressed the importance of carrying out blood tests at the age of 40, then once every year after the age of 50. He said that there were a number of symptoms that set off the alarm bell for consulting a specialist.

One was signs of blood in the urine for more than a couple of weeks. Other symptoms were weakness or numbness in the legs or feet and loss of bladder or

bowel control from cancer pressing on the spinal cord.

The event aimed at raising awareness of prostate cancer as well as how to overcome the disease and to highlight a new drug to treat prostate cancer which would help to improve the patient's quality of life.

Prostate cancer affects men between the ages of 60 and 72, said Dr Moukhtar, adding that many men who have cancerous tumours, are not aware of it. But if 100 men at the age of 48 were exposed to examination, the result would show prostate problems in 60 of them.

Dr Usama el Nawassani, representative of Astellas, said that due to lack of awareness of prostate cancer, the diagnosis of the disease often happens late, though early detection greatly contributes to recovery. Therefore men aged 45, who have a family history of the disease, should consult a specialist regularly to discover the disease as early as possible.



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