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Medical Briefs

Good news for diabetics

GOOD news for 7, 500 million Egyptians affected with diabetes! The US Food and Drug Administration (FDA) has declared that the new drugs, Sitagliptin and Saxagliptin for curing diabetes do not harm the heart. Dr Salah Shelbaya, Professor of Endocrinology, Ain Shams University, pointed out that the FDA's announcement followed a study of 376,000 diabetics who had received the new drugs.

The study, which monitored the patients' records at as many as 18 health insurance centres for nine months, showed that there were no risks to the heart in the use of the two drugs. Dr Khalifa Abdullah, Professor of Internal Medicine, Alexandria University, however, stressed the need to consult a doctor before taking or stopping the drugs.

The World Health Organisation (WHO has) warned of an increasing incidence of type 2 diabetes throughout the world as a result of an unhealthy diet, avoiding sports and raising obesity averages.

According to national and international statistics, type two diabetes has spread widely in Egypt.