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PUBLICATION:	Egyptian Gazette
DATE:	17-May-2015
COUNTRY:	Egypt
CIRCULATION:	60,000
TITLE:	New techniques for spinal bone-marrow surgery
PAGE:	03
ARTICLE TYPE:	NGO News
REPORTER:	Staff Report

New techniques for spinal, bone-marrow surgery

UPDATED techniques in the field of spinal and bone marrow surgery were highlighted during the third session of the Middle East Spinal Surgery Association conference, held last week in Cairo and headed by Dr Abdul Hafeiz Shehab Eddin, Professor of Neurology. A workshop held on the sidelines of the conference, used real-life cases to train doctors at El-Sahel Teaching Hospital on how to manage such cases. The workshop was part of the continuous education system and was supervised by the renowned German surgeon Joachim Oertel.

According to Dr Shehab Eddin, the conference discussed research papers related to surgical procedures to stop cervical vertebrae pressing on the spinal segments without using screws. It also discussed other sophisticated surgeries and new methods of

diagnosing spinal conditions. Dr Mohamed Mohieddin, Neurology Consultant at the Nasr Teaching Institute Hospital said a number of workshops had been held during the conference. They dealt with spinal and bone marrow surgeries using endoscopes. Another workshop covered osteoporosis of the vertebrae and the most up-to-date techniques for treating it using modern devices. Dr Mohieddin added that there were new methods for diagnosing tumours affecting the bone marrow and new therapies as well.

Dr Shehab Eddin confirmed that the conference was attended by representatives from 28 countries from all over the world and up to 90 researchers in the field of spinal surgery.