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# Aspirin reduces cancer risk

**WASHINGTON** (News agencies) – Being overweight doubles the risk of bowel cancer in people with a certain gene disorder, but a regular dose of aspirin can reverse the trend, a study found.

The international study, published in the US-based Journal of Clinical Oncology, followed 937 people with an inherited genetic disorder known as Lynch Syndrome in 16 countries, in some cases over a decade.

About half of the people with the disease eventually develop cancer.

Study participants took two aspirin tablets (600 milligrammes each) or a placebo per day for two years. The researchers at Newcastle University and the University of Leeds in Britain found that being overweight increases the risk of bowel cancer by 2.75 times. But participants who took aspirin had the same risk, whether or not they were obese.

"Obesity increases the inflammatory response," said lead researcher John Burn, professor of Clinical Genetics at Newcastle University.

"One explanation for our findings is that the aspirin may be suppressing that inflammation which opens up new avenues of research into the cause of cancer."



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